



Spa Royale

Royal Palm Hotel, Shop 9, 6 Palm Boulevard, 1st Floor, Piazza, Umhlanga Ridge

T: 031 566 1286 M: 083 408 8046 www.sparoyale.co.za info@sparoyale.co.za

Trading Hours Mon-Sat 8am - 8pm , Sunday- 8am-5pm

Trading Hours Wed-Sat 8am - 8pm , Sunday- Tuesday - 8am-5pm, Public Holidays - 8am- 5pm
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A WORLD of Serenity

Spa Royale is a little gem tucked away in a peaceful surrounding. This best kept secret is dedicated to restoring CHI (balance) and well – being. Through our individual Spa journeys, our guests will experience something unique by extremely skilled therapists. We are committed to well being focusing on healing principles, combining the wisdom of ancient therapies with modern expertise.

Our Spa menu offers an extensive variety of health and beauty enhancing treatments to ensure that our guests are pampered and relaxed.

SIGNATURE EXPERIENCES

Spa Ritual therapies have been used for hundreds of years, boosting health and healing. Our Signature Treatments utilize age-old wisdom and natural ingredients, combined with technology.



African Journeys

African ZINGA Journey (120min) R790

Begins the journey of a thousand hills by trekking through sugar cane farms with a sweetened Marula & Sandalwood body scrub followed by a journey through a lagoon with a soothing massage of combined hands & Warm Basalt Stones (Hot Stone Massage)

> Scrub > Full Body Hot stone massage

Eastern Journeys

Changing Seasons Journey (120 min) R770

Excite your senses with the change in seasons Please beginning with a Spring & Summer, Body Exfoliation, followed by Warming up with a 60-minute Massage. A Winter Body Wrap is massaged into the skin improving circulation, rejuvenate and re-mineralise your skin.

> Scrub

> massage

> body Wrap

THE INDIAN JOURNEY (70min) R695

Himalayan body scrub containing essential minerals leaves the skin fresh. Your treatment includes a head massage and Back & Neck Massage

- >Back Exfoliation with hot towel
- >Back Neck and Shoulder
- >Scalp Massage

Detox Journey (3hours) (R1300)

This three step journey helps you begin the process of detox in your body, possible weight loss and a healthier lifestyle.

- >Welcome detox drink begins your journey to good health
- > Full body detox scrub eliminates dead skin cells to enhance product penetration
- > Detox tea relaxes you
- > Full Body detox lymphatic massage aids in waste elimination from the body
- > Reflexology aids in manipulation of specific areas on feet to identify problematic areas in the body.
- > Complimentary body assessment voucher. Valued at R1000

This assessment identifies areas of improvement required by you and includes body fat percentage and visceral fat percentage. This information assists you in making healthy choices regarding lifestyle habits. A special booking needs to be made in order to redeem this. It may not be available on the day of your treatment however provisions will be made for you on an alternate date so you will still benefit.

Traditional Massage Experience

Aromatherapy Full Body Stress Release (90min) R550, (60min) R450

Swedish Massage Full Body (90min) R550, (60min) R450

EGYPTIAN BACK EXPERIENCE Massage includes back of the legs (45min) R400

EGYPTIAN BACK EXPERIENCE Massage (30min) R350

Hot Stone Massage (90min) R690 (60min) R590 Using warm Basalt stones for a soothing sensation

Deep Tissue Massage (90min) R690 (60min) R590
Increase in the depth in pressure for that intense massage

Indian Head Massage (30min) R 360

Detoxifying Massage (75min) R650 Manual Lymphatic drainage

Deluxe foot massage (30min) R300

Reflexology (40min) R440

Compressions to the reflex points of the feet correlate to the specific organs and integral body systems. Helps to enhance circulation and create balance.



Mum & Daughter Package (1hr 30min) R600PER PERSON

Back massage to relax and soothe. Hand and foot therapy exfoliation & massage with divine cream. Express Facial to conclude the perfect mum& daughter session!

CHI BODY POLISH or BODY EXFOLIATION (35min) R295 PER PERSON

A treatment rich in mineral salts and oil blends to gently rejuvenate and radiate the skin. This scrub stimulates the lymphatic system, removes dry skin cells and encourages free flow of CHI through the body. _____AWESOME TO ADD PRIOR TO ANY MASSAGE

THERAPIES _____

DE-STRESS PACKAGE – THE TRAVELLERS JOURNEY (2hrs20min) R890 PER PERSON

Begin this journey by unwinding with an aromatherapy massage 90 min loosening and relaxing your muscles. de-stress foot massage 20min heals tired feet and an express facial 30min leaves you refreshed.

- > Full Body Massage
- > Deluxe Foot Massage
- > Express Facial

KING / QUEEN of the Spa (5hrs) R1950 PER PERSON

Like Royalty, allow us to serve you. We shall be at your beck and call waiting on your every requirement! With a Scrub and luxury Clay Body wrap the royal treat begins! Followed by a Full Body aromatherapy massage. A facial hydrates and nourishes your skin and a manicure and pedicure polishes your ends. Please book a session with your appointment. Lunch and snacks served (Halaal options available)

- Full Body Exfoliation
- Relaxing or Detox Mud application - Body Wrap
- Full Body De-stress massage
- Hydrating & Nourishing Facial -no steam or extraction (Add R100 for Classic Facial / Add R300 for Specialised both with steam and extraction)
- Scalp massage/Foot Massage
- Deluxe Manicure
- Deluxe Pedicure
- Lunch
- Snacks
- Gift

COUPLES SPA PACKAGE (2hrs20min) R2100 PER COUPLE

2 Full body scrub 30min
2 Full body massage 90min
2 Deluxe Foot Massage 20min
Refreshing snack served
Lunch Served



Couples DE-STRESS PACKAGE – THE TRAVELLERS JOURNEY (2hrs20min) R1600 PER Couple

Begin this journey by unwinding with an aromatherapy massage 90 min loosening and relaxing your muscles. de-stress foot massage 20min heals tired feet and an express facial 30min leaves you refreshed.

Warm up with a Warm drink with muffin or cool down with a refreshing juice drink with fruit skewer.

Couples Retreat Royale Champaign & Chocs Served(non-alcoholic available)

2 hours 30min R1900 per couple

Ignite your senses and inspire your heart with a sensational romantic jet bath and full body massage, soothing foot therapy massage

~90min Full Body Massage ~Divine Deluxe Milk bath Jacuzzi ~deluxe Foot massage

Strawberries & Cream & Champagne served

3 hours R2500 per couple

Ignite your senses and inspire your heart with a sensational body scrub, romantic jet bath and full body massage, soothing scalp therapy and facial. Strawberries and cream served with champaign

1~Full body scrub

2~Full body massage

4~Jet Bath Jacuzzi

3~Relaxing Facial including Scalp Massage (R100 more per person for steam & extraction)

(Strawberries subjected to season)

Champagne Kisses

3hours 30min R2500 per couple

The ultimate romantic treatment for a couple that includes a Cleopatra Milk Bath Jacuzzi. This sensuous spa duet includes a luxurious Aromatherapy body massage, a sumptuous facial, and magic pedicure for both lovebirds. Champagne (non- alcoholic available)& Chocolates

1~Full body massage

3~Milk Bath Jacuzzi

2~Facial (R100 more per person for steam & extractions)

4~Pedicure

5~Lunch

Hydro bath JACUZZI (45min) R580 max 2 people

It is a perfect add on. Or a still Milk bath, the Egyptian panache allows relaxation in style. Limited availability

Spartie Me 2hr 15min - R695per person -Min 3 people

Back Massage

Pedicure

Express Facial

Champagne & Chocolate

Spartie Spoil 2hr - R760per person -Min 3 people

Full Body Scrub

Full Body Massage

Deluxe Foot Massage

Champagne & Chocolate

Spartie Glow 2hr 15min - R850per person -Min 3 people

Classic Glow Facial - Guinot

Pedicure

Scalp or Foot Massage

Champagne & Chocolate

Super Mamma Spa Package - 3hrs R1700

(Safe for Preggy Mum)

For the deserving Supermama! A divine full Body exfoliation massage to begin your stress relieving process. Your cuticles and feet are treated to a neatened and a mineral rich foot soak. Your skin is treated to an ultracalming express facial. Combining a head massage, this package becomes a stress-banishing treat.

~Full Body Exfoliation

~Full Body Massage

~Foot treat includes cuticle work

~ Calming facial

~Scalp massage

Lighten up Lucky Legs 45min R300

Deluxe Foot treat with manual Exfoliation, aroma scrub, Deluxe Foot Massage, cold compress wrap with hand treat.

Your Skin care investment

Our personalised facials are designed to treat various skin concerns and an experienced therapist will recommend the most appropriate home care treatment advise.

Dermalogica SKIN

Classic Facial Treatment (60 min) R500

Begins with deep cleansing, followed by a gentle exfoliation. A Face, Neck and Shoulder massage releases and eases tension whilst restoring the skin for all skin types. Steam & Extractions

Dermalogica Customised Treatemnt (60 min) R500

Tailor made treatments that is personalized through different product combinations with equipment Included to maximize benefits of treatment.

Back Renewal Treatment (60 min) R550

An ideal treatment for the much neglected back area. Prior to a Moisture Replenishing Massage, deep cleansing, exfoliation and extractions remove impurities.

AgeSmart skin treatment (90min) R600

Target anti-aging by building collagen and elastic in the skin

Medi-bac skin treatment (60min) R590

De-congest oily skin

Ultra Calming (60min) R590

De-sensitise for sensitive ski

**FACIALS With Nishani Shah -
Kindly Request booking - Price
On Request**

FACIAL ENHANCERS - Further Increases the Quality of Your Facial Treatment

BT-MICRO R80

BT-hyaluronic mask R150

BT- Nano none surgical facelift R400

BT- Led R450 includes cocktail plumper

BT Cocktail plumper R100

Vacuum Suction R30

High Frequency R50

+Exfoliation Pump R60

Eye Treatment (+100) Eye care system for puffiness, dark circles and wrinkles.

Gorgeous Glow Facial - Academie Brightening Box Treatments (90min) R850 (not suitable for excessively dry skin)

An exclusive treatment focused on uneven complexion. This treatment targets the condition and actively minimizes visibility working toward a happy and healthy skin. A course of treatments is required for effective results. Home care is advised to maximize benefits of treatment and continue effectiveness. Consult with US!



Guinot

GUINOT NEW WHITE FACIAL (90MIN) R850- Customised
Brightening Treatment Unique to Spa Royale

GUINOT CLASSIC FACIAL (60MIN) R500

Guinot Hydradermie Facial (75min) R800

Guinot Hydradermie Facial **NEW** Machine (75min) R900

Add on Age Logic - R400

Guinot Hydradermie Lift (75min) R800- Tuck the chin, tighten
the eyes & give a Younger look

Guinot Liftosome (75min) R900

Guinot Hydradermie PLUS WITH LIFT R1300

Guinot Hydraclean Facial (30min) R450

Guinot Beaute Nerve (75 min) R700

Guinot Age Summum (75min) R900

PH Peel - R800

Hydrabrasion - R750



Qms

CLASSIC COLLAGEN FACIAL – R800

INTENSE COLLAGEN – R790

FACIAL WITH ACTIVATOR – R760

MED FACIAL – R750

!QMSMEDICOSMETICS

NAIL SPA THERAPY

Deluxe Pedicure (60min) R285 --- ADD Gel Paint R150 and or ADD Callus Treatment @ R200

Uses Profesional products includes exfoliation, foot file, massage and solid color. Price excludes French paint/ Highlight Colours/ Glitter

Express Pedicure (30min) R185--- ADD Gel Paint R150 and or ADD Callus Treatment @ R200

Uses Profesional products Includes exfoliation, foot file, moisturise and solid color. Paint excludes French paint

Deluxe Manicure (60min) R260-- ADD Gel Paint R150

Uses Profesional products includes exfoliation, massage and solid color. Price excludes French paint/ Highlight Colours/ Glitter

Express Manicure (30min) R185-- ADD Gel Paint R150

Uses Profesional products Includes exfoliation, moisturise and solid color. Price excludes French paint/ Highlight Colours/ Glitter

color.

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Tel: 0315665046



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Buff & Paint Only - (20min) - R100

ADD ON

Masque +50
Paraffin Dip (+25min) +R100
French paint + R50
Nail art add on + R5

GELCOLOR BY OPI

Gelish Nail Paint R250
Express Gelish Manicure/ Pedicure R300
Deluxe Gelish Manicure/ Pedicure R395 Soaking, exfoliation, Foot filing, massage

CALLUS TREATMENT (30min) R350 Awesome treatment to remove THE build of callus leaving skin smooth ready for further. Includes treatment, Foot file, Foot scrub & moisturizer.

ADD Deluxe foot massage (30min) R250

Waxing

| | | |
|-----------------------------|-----------------------------|----------------------|
| Chin R50 | Upper lip R50 | Eyebrow R65 |
| Brow& Lip & Chin R150 | Underarm R100 | Full Face R195 |
| Standard bikini R150 | G string R140 | Full Arm R160 |
| Half Arm R105 | Stomach R95 | |
| Full bikini/ Brazilian R250 | Ladies full leg R210 | Ladies half leg R155 |
| Ladies back R150 | Ladies 3/4 leg R170 | |
| Gents full arm R160 | Gents full leg R230 | Gents half leg R160 |
| Gents back R230 | Gents chest or stomach R140 | |

We recommend no exfoliation or extreme sun exposure prior to and at least a day after wax treatments. Soothing emollient can be applied to reduce post effects. Erythema and hive like effect can be expected with waxing.

Threading

Full face incl jawline R195 Chin R50 Upper lip R50 Eyebrow R65

Tinting

Lashes 30min R85 Brows 15min R75

Laser Hair Removal:

Please book for your Complimentary Consult that includes a test patch ensuring that you are comfortable with the procedure and no irritations occur. Duration of cooling off period from patch test 48hrs before a booking can be made.

Prices per treatment. Purchase 4 sessions and receive 1 free.

| | |
|---|-----------------|
| Upper lip or chin or upper eyebrow R270 | Side burns R320 |
| Neck - back or front or ladies chest R395 | Full face R800 |
| Add ears R100 | Under arm R380 |
| Full Arm – R850 | Half Arm – R500 |

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Bookings By Appointment

Add fingers R100
Bikini side and top - R 500
Back Full – R1300
Back Lower – R600
Gents Chest – R900
Gents legs R1400
Ladies Stomach – R400
Lower leg - R 650
Add toes R100

Bikini Full - R900
Under Arm & Bikini basic Combo R850
Back Half – R900
Gents beard area incl side burns-R850
Gents Chest & Stomach – R1400
Gents back R1500
Upper leg R750
Full leg R1300

Laser Rejuvenation

Hands – R700
Arm Half – R1300
Décolleté – R850
Full Face, Neck & Décolleté Combo- R1850

Arm Full– R2000
Full Face – R1000
Full Face & Neck Combo – R1200

Kindly Contact Bhavana for consult with patch test. Combo Deals Available

Health Spa vouchers welcome!

PLEASE QUOTE YOUR VOUCHER NO WHEN BOOKING & BRING IN VOUCHER

T&C: Health spa vouchers are not able to be redeemed against Products

Health Spa Vouchers cannot be used against products purchased nor can it be used against any discounted treatments.

www.healthspas.co.za & used @ SPA ROYALE

**TREATMENT PRICE LIST - Valid 1 March - 31 October 2017 • All prices quoted are in South African Rands (ZAR)
However due to current economic conditions Prices may change at any time without notice.**

SPA ETIQUETTE

Spa Arrival - Arriving late may make it necessary to limit time for your treatment so the next guest is not delayed. Please arrive at least five minutes before the scheduled time to check in.

Should you be booked to make use of the spa facilities/wet treatments, please bring a swimsuit to enjoy our hydrotherapy area or disposable garments will be provided. Late arrivals treatment duration will be reduced accordingly, while the treatment fee remains the same.

Spa Environment - Your spa environment is one of tranquility and relaxation. Please respect all spa guests' right to privacy and serenity. All family members under 16 years of age must be accompanied by an adult and are not permitted to use wet facilities. Please turn off cellular phones on arrival at The Spa.

Health Matters- Please communicate health conditions such as high blood pressure, allergies, pregnancy or any other health related concerns you may have when making your appointment.

Please consult your doctor before using the spa heat and water facilities or exercise equipment if under medical.

For Mom's to be, please note we have specifically designed treatments to care for both of you so do allow our therapists to guide you in selecting the treatments that are most suitable for you during this special time.

We recommend that you drink lots of water after your spa treatment to help accelerate the elimination of toxins.

Spa Attire - We will provide you with spa attire including a choice of spa underwear or you may choose to wear your own. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

Valuables – Please keep valuables safely at home or in your bag prior to treatment. We do not assume any liability for personal items. Bookings may require a deposit or details to confirm and hold booking.

Group Bookings – No shows for pre-paid group bookings will not be refunded as provisions have been made for them.

Rescheduled bookings – Guests will be charged a 25% cancellation fee for such bookings.

General Cancellation Policy- The treatments you select are reserved especially for you. Guests will be charged a 100% cancellation fee for treatments cancelled less than 24 hours from the scheduled appointment time.

Refunds and Returns

Treatments and packages are non-refundable, non-transferable and may not be exchanged for other treatments.

For hygiene reasons products purchased may not be returned or exchanged.

Health Spa Vouchers cannot be used against products purchased nor can it be used against any discounted treatments.

Loyalty Points and it's redemption: Kindly Visit Website www.sparoyale.co.za

Gratuity

In appreciation of exceptional service, gratuity may be given to the therapist in cash or placed on your bill at your own discretion

Advertising & Marketing disclaimer

All images herein and visible on website or any other Spa Royale Marketing material may be for marketing purposes and are not necessarily the true reflection of Spa Royale. Words used to describe treatments and results of treatments are not guaranteed and may differ from person to person. These words are merely used as a descriptive measure to market the treatment or its results.

Group bookings, couples bookings, and bookings made on weekends and during peak season require advance payment to secure booking. Payments are to be made within 24 hours or bookings cannot be held.

Prices are subject to change at anytime without prior notice. Product delivery in and 15 km around Umhlanga are free. Postage nation wide are free if the purchase amount exceeds R3000
Right of admission reserved

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